

*oh  
beloved  
one*  
**Pray  
Day**

**“Light is sweet; how pleasant to see a new day dawning.” Ecc 11:17**

**8** (or upon waking) Thank God for a new morning

**9** Praise God for an attribute (holiness, faithfulness, justice)

**10** Ask for God's desires to be your desires

**11** Ask to be aware of any unconfessed sin and blind spots

**12** Ask for something HARD: what are you struggling with?

**1** Thank God for food and health

**2** Pray for something BIG: What do you subconsciously fear God can't do?

**3** Thank God for specific moments He's really shown Himself to you in your life

**4** Pray through a Psalm (use it as a prompt of sorts)

**5** Praise God for another attribute (love, patience)

**6** Pray with a sibling, parent, or a friend

**7** Pray again for that HARD thing

**8** Ask for God's will to be done on earth (see Psalm 2)

**9** Pray specifically for each of your family members

**10** Thank God for His protection and presence in your life today

**“In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety.” Ps 4:8**